

Welcome
to your
Café

fresha
responsible catering



V = Veggie Ve = Vegan

Gluten Free - we can adapt many of our menus, please ask when placing your order

Breakfast

English Breakfast

Prime back bacon, Devon pork sausage, Devon free range egg, baked beans, slow roasted thyme tomato, hash brown, toast and a tea or coffee of your choice £6.50

Double English

Prime back bacon, Devon pork sausages, Devon free range eggs, baked beans, slow roasted thyme tomato, hash browns, toast and a tea or coffee of your choice £7.95

Breakfast Brunch

Soft poached Devon free range eggs, prime back bacon, Devon pork sausages, roasted plum tomatoes, mushrooms, potato rösti, baked beans, black pudding, toast and a tea or coffee of your choice £8.95

Garden Breakfast - V

Soft poached Devon free range eggs, halloumi, roasted plum tomatoes, smashed avocado, hollandaise, mushrooms, baby spinach, asparagus, potato rösti, toast and a tea or coffee of your choice £9.50

Vegan Breakfast - V, Ve

Hummus, smashed avocado, mushrooms, roasted plum tomatoes, baby spinach, potato rösti, toast and a tea or coffee of your choice £8.50

Eggs Benedict

Two soft poached Devon free range eggs, Wiltshire ham & Hollandaise sauce served on a toasted muffin £6.50

Eggs Royale

Two soft poached Devon free range eggs, Scottish smoked salmon and Hollandaise sauce served on a toasted muffin £6.95

Eggs Florentine - V

Two soft poached Devon free range eggs, asparagus, avocado and Hollandaise sauce served on a toasted muffin £6.75

Scrambled Eggs on Toast - V, Ve £3.95

ADD: Smoked Salmon £2.50

Bacon, Meat / Veggie / Vegan sausages or mushrooms £2.00

Porridge - V, Ve

Made with almond milk, banana, blueberries and maple syrup £4.95

Yoghurt, Granola and Sliced Fruit - V

Crunchy granola, natural yoghurt, slice fruit and honey £4.95

Toast Basket - V, Ve

With preserves and a coffee or tea of your choice £4.50



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Café Bites

Soup

Our delicious home made soup served with hand cut chunky bread – ask for today's choice.

£4.95

Baked Potatoes

EAT IN / TAKE AWAY

Tuna in Natural Yoghurt

With lime, coriander and spring onion £6.50

Cheddar and Baked Beans - V

Somerset Cheddar and baked beans £5.95

Beef or five-bean chilli - V

Full of flavour with a mild chilli & sour cream £6.95

Fish Finger Sandwich

Succulent fish fingers with honey and dill mayo and chunky chips

£6.75

Prawn & Cod Fish Cakes

Cod fillet and succulent prawns in aromatic Thai flavours served with mixed salad and a sweet chilli mayo

£6.50

Hummus and Pitta - V, Ve

Hummus, sun ripened black olives, sun blushed tomato, Devon Fire chutney, mixed salad and a toasted pitta bread

£5.95

Baked Camembert - V

Served with red onion chutney and a warm ciabatta

£6.95

Beef or five Bean Chilli Nachos - V

Topped with Somerset Cheddar, sour cream and guacamole

£7.50

Chickpea and Spinach Curry - V

Cooked with garlic, ginger, cumin and garam masala, finished with natural yoghurt and coriander served with rice

£7.50

Ham, Egg and Chips

Succulent Wiltshire ham, Devon free-range eggs and chunky chips

£7.50

Bowl of Chunky Chips - V £2.50

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Toasted Panini

All served with a side salad and
Devon made crisps

ALL AT £6.25

Take away price is £1.50 less and does not include
the crisps and side salad.

Tuna and Red Onion Melt

Line caught tuna in our own lime and coriander mayo, red onion,
Somerset Cheddar and Mozzarella

Brie, Bacon and Cranberry

French Brie, prime back bacon and cranberry sauce

Brie, Chicken, Peppers and Chilli Sauce

French Brie, chicken breast, sweet peppers & sweet chilli sauce

Ham, Cheddar and Mustard

Gammon ham, English mustard, Somerset Cheddar & Mozzarella

Roasted Veg - V

Roasted vegetables & halloumi cheese with a beetroot and
horseradish chutney.

Cajun Chicken

With smoked garlic & tomato chutney, red onion and
westcountry cheddar

Curried Hummus - V, Ve

Curried mango hummus & tandoori roasted peppers

Mozzarella and Tomato - V

Buffalo mozzarella, beef tomato & rocket and a
Devon Fire chutney



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Chunky Sandwiches

All served with a side salad and
Devon made crisps

EAT IN / TAKEAWAY

Take away will be the main food item without side salad and crisps etc.

BLT

Prime back bacon, lettuce, tomato and mayo £5.75 / £4.25

Coronation Chicken

With tastes of mild curry, turmeric, almonds & mango chutney £5.75 / £4.25

Beef, Stilton and Chutney

Topside of beef, Blue Stilton & red onion with a fruity Devon chutney
£6.50 / £5.00

Chicken and Chorizo

Chicken breast, chargrilled chorizo, smoked paprika and red pepper mayo
and mixed leaves £6.50 / £5.00

Salmon and Prawns

Smoked salmon, prawns, cucumber and watercress with a dill &
lemon crème fraiche £6.50 / £5.00

Tuna Mayo

With our own fresh lime and coriander mayo & cucumber £5.95 / £4.45

Cheddar or Ham Ploughman's - V

Somerset Cheddar or Gammon Ham, tomato, red onion, cucumber, mixed
leaf and a Westcountry Ploughman's chutney £5.95 / £4.45

Avocado, Tomato and Olives - V, Ve

Sliced avocado, tomato, red onion, olives & lemon oil £5.50 / £4.00

Curried Chickpea - V, Ve

Made with garlic, spinach, tomato and coriander with mango chutney
£5.50 / £4.00

Roasted Med Veg, Hummus and Rocket - V, Ve

Grilled aubergine, olive tapenade, hummus, rocket and fresh basil
£5.95 / £4.45

Prime Back Bacon £5.00 / £3.50

Meat / Veggie / Vegan Sausages £5.00 / 3.50

Prime back Bacon, Devon Free Range
Egg and Devon Sausage £5.75 / £4.25



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Burgers

Our local butcher makes
our burgers for us!

All served with chunky chips,
salad and coleslaw.

Classic

The original and great tasting burger
with fruity Devon chutney

£6.95

Add Cheese

£1.00

The Fresha Filler

Butchers burger, prime back bacon,
Somerset Cheddar and fruity
Devon chutney

£8.95

Sweet Potato and Beans

- V, Ve

Sweet potato and mixed bean burger
with mango & ginger chutney

£7.95

Falafel and Cheese

- V, Ve

Falafel burger topped with
Somerset Cheddar / Vegan cheese
and a smoked garlic chutney

£8.50



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Salads

ALL SALADS £6.95

Tuna Nicoise

Line caught tuna in a lime and coriander natural yoghurt, Devon free-range egg, red onion, tomato, cucumber & olives served on fine green beans

Chicken Caesar

Chicken breast, bacon, anchovies, tomato, croutons and Parmesan cheese

Cajun Chicken

Spiced Cajun chicken, roasted vegetables, tomato, cucumber, carrot, sultanas and mixed leaf in a French dressing

Mixed Bean, Roasted Pepper and Feta - V

Mixed beans, red peppers, green beans, olives, parsley and basil leaves topped with feta with garlic and rosemary oil dressing

Greek - V

Feta, black olives, red onion, tomato, cucumber, oregano and mixed leaf with a French dressing

Cheddar or Ham Ploughman's - V

Served with apple, grapes, pickled onion, mixed salad, a Westcountry

Ploughman's chutney and hand cut chunky bread

Roasted Veg Cous Cous - V, Ve

Mixed peppers, courgette, aubergine, red onion, sweetcorn and coriander with lemon oil



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Drinks

Coffee, Tea, Hot Chocolate
and Milk Shakes

COFFEE	REGULAR	GRANDE
Americano	£2.30	£2.55
Espresso Single	£1.60	-
Espresso Double	£1.85	-
Cappuccino	£2.60	£2.85
Latte	£2.60	£2.85
Flat White	£2.70	£2.95
Chai Latte	£2.70	£2.95
Mocha Latte	£2.70	£2.95
DECAF	No extra cost	
Choose Your Milk	Skinny, Full or Soya - No extra cost	
SYRUPS	£0.35	
HOT CHOCOLATE		
Classic	£2.75	£2.95
Luxurious	£2.95	£3.25
TEAS		
English breakfast	£2.40	
Earl Grey	£2.40	
Peppermint	£2.40	
All day decaf	£2.40	
MILK SHAKE		
Vanilla	£2.85	-
Strawberry	£2.85	-
Chocolate	£2.85	-
SMOOTHIES		
Tropical	£2.95	-
Summer fruits	£2.95	-
Fruits of the forest	£2.95	-



Fresha Limited

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